



Tony Skatell,  
MUSC heart patient

“I died a few years ago, but I am feeling much better now.”

- Tony Skatell, MUSC Health heart patient

MUSC Health patient Tony Skatell – a seemingly healthy vegan who exercised regularly – experienced sudden cardiac death at age 59. A family history of heart disease led to three blocked vessels in Tony’s heart, which caused his heart to go into a deadly rhythm called V-fib. Thankfully, he was resuscitated at the scene and was flown to the MUSC Health medical center for treatment. The experts at the Heart & Vascular team quickly diagnosed his heart disease and performed life-saving surgery. Now Tony is back to living a very active life, with the new sense of gratitude for each day.

Despite advances in treatment, cardiovascular disease is the leading cause of death for both men and women in the United States. Three out of four adults between the ages of 20 and 80 have one or more risk factors for cardiovascular disease.

Are you at risk? Visit [MUSChealth.com/skatell](https://MUSChealth.com/skatell) and download a free heart disease prevention guide – and learn what you can do now to reduce your risk and fight heart disease.

[MUSC health.com/skatell](https://MUSChealth.com/skatell)

843-380-4098



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